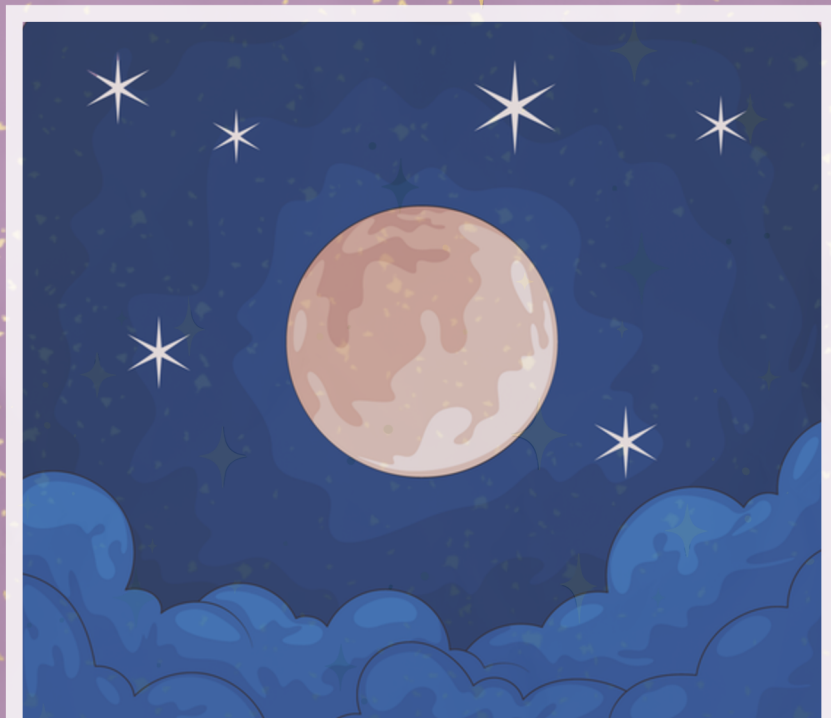


THE MOONLETTER

FROM NEW MOON TO NEW MOON:
YOUR GENTLE GUIDE FOR THE NEXT 28 DAYS



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AMBEROLOGIE



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CREATED BY

Amber Leclerc

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PRODUCED IN

MONTREAL, QUEBEC, CANADA

www.amberologie.com

hello@amberologie.com

[@amberologieqc](https://www.instagram.com/amberologieqc)



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Amber's Moon Message

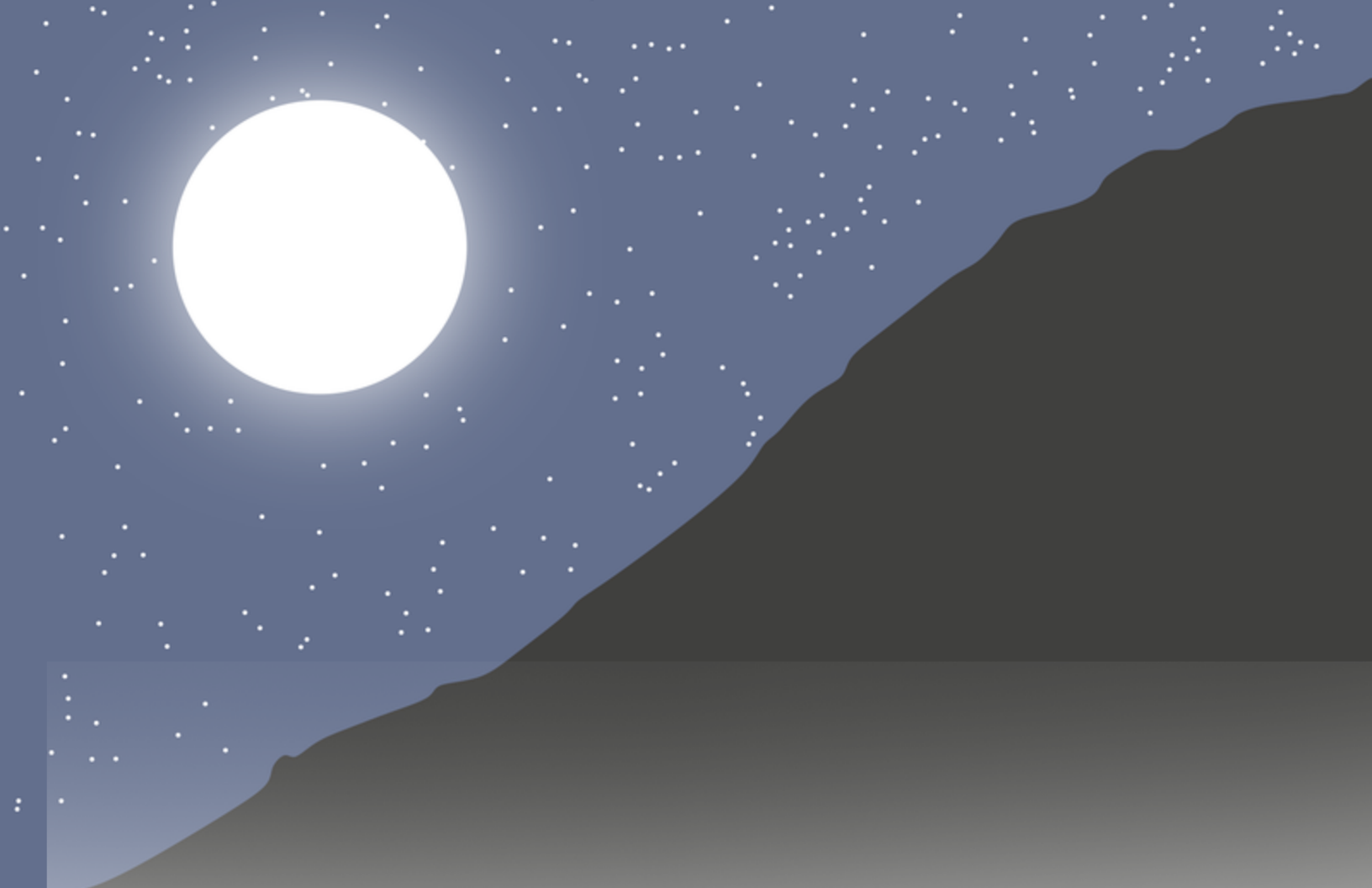
Beloved traveler,

Welcome to the opening of Cycle 4. As the wheel turns toward the Aries Equinox, we stand at the threshold of the "Blush of the Wild Phlox"—a time defined by the first, fierce pulse of spring. The air is thick with the scent of damp earth and the electric hum of a world waking up from its long, wintry sleep. This month, we are moving out of the misty dreams of Pisces and into the raw, individual spark of Aries.

As your guide, I invite you to settle into this moment with a soft heart and a steady breath. We are navigating the bridge between the raw, individual spark of the New Moon in Aries (March 18) and the deep, psychological alchemy of the Scorpio Supermoon (April 1). This journey isn't about rushing the bloom; it's about having the courage to let the "thaw" begin.

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The Hearth of the Rising Fire

Welcome to Cycle 4 of 2026: The Pink Moon

Welcome to the initiation of Cycle 4.

While the previous moons invited us to dream in the deep dark, this cycle demands a physical presence—a cracking of the seed coat and a bold push through the earth. We are moving from the “they” into the “I” and “we.”

I am here to guide you as we balance this new momentum with the grounding wisdom of the hearth. Over the next twenty-eight days, we will navigate the high tides of a Supermoon and the quiet whispers of the Dark Moon, ensuring you

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This Month's 28-Day Lunar Cycle

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			18	19	20	21
			March 18: New Moon in Aries (The Seed). Mars in Leo: Setting the vision			
22	23	24	25	26	27	28
			March 25: Waxing Moon Moon in Cancer (The Push). Moon square Sun: Taking brave steps..			
1	2	3	4	5	6	7
April 1: Full Moon in Scorpio – Supermoon (The Bloom). Moon opposite Mercury: The "Peak, Reveal" and radical emotional honesty.						

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This Cycle's Blueprint

This month, we navigate the bridge between the Aries Sun—the spark of self—and the Scorpio Full Moon—the depth of the soul. It is a time of high contrast, where the vibrant colors of spring meet the transformative shadows of the psyche.

Cycle Dates March 18 – April 16, 2026

Theme The Heart's Awakening

Archetype The Mystic

Crystal Ally Rose Quartz: unconditional love and self-acceptance

Herbal Ally Mugwort: opens up the third eye.

The Lunar Markers

- Mar 18 | New Moon: The Spark Beneath the Frost
- Mar 25 | Waxing Moon: Pulse of the Rising Sap
- Apr 1 | Full Moon: High Noon of the Soul
- Apr 9 | Waning Moon: Wisdom of the Receding Tide
- Apr 13-15 | Dark Moon: The Hushed Threshold of the Stars

- **Zodiac Influence:** This cycle begins in the bold, cardinal fire of Aries (The Warrior/Initiator), sparking the courage to break through the soil. On April 19, the energy shifts into the steady, sensual earth of Taurus (The Builder/Nurturer). This transition ensures that the vibrant "bloom" of our intentions finds a stable, lasting foundation in the physical world.
- **Mars:** The planet of action and drive—ruling this cycle's beginning. It provides the "sap-rise" energy needed to propel your intentions forward and protect your burgeoning growth.
- **Pluto:** The planet of depth and rebirth—active during the Scorpio Supermoon. Pluto acts as the Great Alchemist, helping you compost old versions of yourself to feed the new life you are creating.

Best Days for Planning & Visioning

Caution Days (Deep Shadow Work)

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The Focus List

Phase 1: The New Moon (The Inhale)

- **Dates: Mar 18 – Mar 24**
- **Identify the "Thaw":** Which area of your heart has been "frozen" and is now ready to soften?
- **Herb Ritual:** Use a Mugwort infusion to wipe down your mirrors, inviting the Mystic to see the path ahead clearly.
- **Quiet Visioning:** Sit with your Rose Quartz and visualize your life blooming as effortlessly as the wild phlox.

Phase 2: The Waxing Moon (The Momentum)

- **Dates: Mar 25 – Mar 31**
- **Clear the Path:** Remove the mental "weeds" of self-doubt. Aries energy hates a cluttered mind.
- **Crystal Anchor:** Carry Rose Quartz to remind you that softness is your greatest armor during action.
- **Initial Outreach:** Start the conversations that require vulnerability.

Phase 3: The Full Moon (The Reveal)

- **Dates: Apr 1 – Apr 6**

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The Fortnightly Association

The New Moon and the Full Moon act as the "inhale" and "exhale" of the month

- The Cycle Begins: New Moon
- The Peak :Full Moon 14 days later
- The Lunar Tension/Balance: cycle dependent

The Lunar Pairings

The starting seed of a story that reaches its full "bloom" or climax during a Full Moon in the same sign, typically about six months later

- The "Seed" : New Moon
- The "Bloom" : Full Moon
Culmination-6 cycles later



Understanding the Connection

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The Sacred Breath: Fortnightly Associations

While we often look to the distant horizon of the six-month journey, there is a shorter, more rhythmic breath we take every twenty-eight days. This fortnight is the "inhale" and "exhale" of our immediate world, a two-week stretch where we feel the pull between who we are today and who we are becoming by the light of the Full Moon.

The Current Breath: From Seed to Reveal

- **The Cycle Begins:** New Moon in Aries (March 18) This is the spark in the dark, the first light of the Sun, the beginning of the cycle.
- **The Peak:** Full Moon in Scorpio (April 1) Fourteen days later, the "inhale" of Aries meets the "exhale" of the Scorpio Supermoon. This peak shifts the focus from the surface spark to the deep, hidden, and transformative. It is not merely a simple doctrine or doctrine.

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The Sacred Reflection: Lunar Pairings

Everything in the lunar garden happens in pairs, friend. We have the short-term breath of the month, and the long-term journey of the half-year. Understanding how these moons mirror one another helps us see the larger tapestry of our growth.

Part 1: The Current Seed & Its Future Bloom

- **The "Seed" (New Moon): Aries (March 18).** The impulse to be. This seed is encased in the "iron" of the warrior, ready to crack open through sheer force of will and a desire for a fresh start.
- **The "Bloom" (Full Moon: Libra/Leo).** Harmonizing the "iron" of the warrior with the "water" of the nurturer.

The Associations: This fortnight is ruled by the relationship between Mars (Action) and Pluto (Rebirth). Seasonally, we are in the "thaw and flood" stage. The Aries New Moon on March 18 provides the heat to melt the ice, while the Scorpio Full Moon on April 1 brings the rising water that washes away the debris. You are navigating the tension between your warrior and nurturer.

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Part 2: The Past Seed & Current Full Moon Culmination

- The “Seed” (New Moon): Scorpio (October 21, 2025). Think back to late October. What did you surrender? What secret did you admit to yourself, or what deep, “underground” project did you begin in the dark of autumn?

- **The “Bloom” (Full Moon Culmination):** Scorpio (April 1, 2026). The Supermoon. This is the moment of peak visibility for that autumn seed. Whatever was “buried” in October is now breaking the surface in a massive, unavoidable way.
- **The Theme of the Cycle:** The Phoenix Rising.

The Associations: This six-month arc is a masterclass in alchemical transformation. Did your seed sprout in the past? The cycle is a mirror, reflecting the seeds you planted in the past and the harvest you are now reaping.

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Crystal: Rose Quartz

Anchor of Soft Power

Rose Quartz is far more than a stone of simple romance; it is a master of the high-frequency vibration of unconditional love and emotional resilience. Composed of silicon dioxide with traces of titanium or manganese, its pale pink hue mirrors the first flush of spring—the “Blush of the Wild Phlox.” In the mineral kingdom, Rose Quartz acts as a gentle but persistent dissolver of energetic “frost.” It works by recalibrating the heart chakra, moving you away from the frantic, survival-based fire of Aries and into a state of receptive grace.

Learn more about this crystal and its uses in our [Celestial Manual](#).

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The Grounding Ritual: The Violet Perimeter

Carry this practice with you throughout the cycle whenever you feel unmoored.

Hold your Rose Quartz in your dominant hand and place it over your heart. Press your other hand on top, sandwiching the stone. Breathe in for 4, exhale for 6, visualizing any "static" draining into the earth. Say: **"My heart is my home. I am here."**



The Crystalline Path Through the Phases

Carry this practice with you throughout the cycle whenever you feel unmoored.

Phase 1: (New Moon) March 18 – March 24 | The Intent: Softening the soil of the heart.

- The Path: Place your Rose Quartz on your Heart Chakra for ten minutes each morning. As you breathe, visualize the stone's pink light melting away any lingering winter "frost" or self-doubt.
- Affirmation: "I plant my intentions in a field of self-compassion."
- The Action: Whisper your single New Moon seed into the stone, then place it in a bowl of dried Mugwort to keep the vision protected.

Phase 2: (Waxing Moon) | March 25 – March 31 | The Intent: Strengthening the stem with love.

- The Path: Carry your stone in your dominant hand whenever you are performing a task that requires courage or "devoted action." Feel the weight of the crystal remind you that you are supported in all things.

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Herb Focus: Mugwort

Your Ally of the Liminal



Mugwort (*Artemisia vulgaris*) is a plant of the moonlight and the threshold. Known for its silvery-backed leaves that seem to glow in the dark, it has been used for centuries as a "psychic gatekeeper." In the physical realm, it is bitter and warming, helping to move stagnation and stimulate flow. Energetically, it is ruled by the Moon and associated with the "Mystic" archetype. It doesn't just open the door to your intuition; it ensures that you are grounded enough to handle what you find on the other side.

In Cycle 4, Mugwort is your indispensable protector. As we transition from the fire of Aries into the deep, transformative waters of the Scorpio Supermoon, the veil between your conscious mind and your subconscious becomes thin. Mugwort supports this moon cycle by acting as a filter. It helps you "see" clearly without being overwhelmed by the necessary shadows.

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The New Moon

BEGINNING GENUINELY

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New Moon Ritual: Planting Steadiness

Focus: Anchoring the fire into the earth.

This ritual marries the heat of your intention with the grounding frequency of Rose Quartz and the visionary protection of Mugwort.

1. **The Preparation:** Create a small "nest" on your altar or a quiet surface. Place a handful of dried Mugwort in a ceramic bowl and set your Rose Quartz in the center.
2. **The Visualization:** Sit comfortably and close your eyes. Visualize your one chosen intention as a small, glowing seed of pink light held within your chest. Feel it pulse with every heartbeat.
3. **The Infusion:** Brew a cup of Mugwort tea (or simply hold a glass of water). Whisper your intention into the steam or the surface of the water three times. This is how you give your "spirit" a physical form.
4. **The Planting:** Take your Rose Quartz and hold it tightly. Imagine transferring that glowing seed from your chest into the stone. The stone is now the vessel.

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Journaling Prompts: Rooting the Vision

Find a quiet space where you won't be interrupted. Allow your pen to move without the need for "perfection." Let the ink be the roots.

The Single Seed: If you could only bring one area of your life into full, vibrant bloom by the end of this cycle, which would it be? Why does this specific intention feel like home?

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The Root System: What does "steadiness" feel like in your physical body? Describe the sensation of being fully supported by the earth, even when you cannot see the path ahead.

Space for your thoughts without judgement.

New Moon Devotion: The Internal Thaw

Meditation

Hold your Rose Quartz in your left hand. Close your eyes and breathe into the quiet, cool darkness of the soil.

The Visualization: See yourself as a seed, safe and heavy in the earth. In your chest, a tiny ember of Aries fire begins to glow. It isn't a forest fire; it is a gentle warmth, melting the winter frost from your heart. Feel the tension in your shoulders soften into the dirt. You are not "stuck"—you are incubating.

The Intention: In the earth, grow slow, but steadily, and always. In the world, grow strong, and grow toward the sun. Offer your intention into the sacred, and hold it close to your heart.

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New Moon Affirmation



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